Athletics Ireland Coaching & Development Calendar Autumn/Winter 2010

Date	Event	Venue	Time	Contact	To apply
Wednesday 15th September	Throws Workshop	UL	7-9pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Contact Steven Macklin
Thursday 16th September	Fit4Life Leader Workshop	Cork IT	7-9pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Contact Steven Macklin
Saturday 18th September	Athletics Leader Course	Castleisland Co. Kerry	9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Wednesday 22nd September	Road Running/Endurance Workshop	Sarsfields Social Centre, Thurles Tipperary	7-9.30pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Contact Steven Macklin
Saturday 25th September	Munster Regional Squad Cross-Country Day in Association with Kerry County Board	Banna Strand Co. Kerry	11am-2pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Contact Steven Macklin
Wednesday 29th September & Wednesday 6th October	Assistant Coach Course	Cork IT	6.00 - 10pm Both Nights	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Friday 1st & Saturday 2nd October	Level 2 Coaching Course- Part I	UL	6pm - 10pm and 9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Friday 8th & Saturday 9th October	Level 2 Coaching Course- Part II	Cork IT	6pm - 10pm and 9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Saturday 16th October	Level 2 Coaching Course- Part III	Cork IT	9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Saturday 16th October	Athletics Leader Course	Cork IT	9.30am - 4.30pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Wednesday 20th October	Jumps Workshop	Cork IT	7-9pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Contact Steven Macklin
Saturday 23rd October	Assistant Coach Course	Templemore Co. Tipperary	9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Saturday 6th November	Munster Regional Squad	Cork IT	11am - 2pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Open to members of Munster Regional Squad & their Coaches
Friday 12th & Saturday 13th November	Level 1 Coaching Course- Part 1	Cork IT	6pm - 10pm and 9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Saturday 20th November	Athletics Leader Course	UL	9.00am - 5.00pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Friday 26th & Saturday 27th November	Level 1 Coaching Course- Part II	Cork IT	6pm - 10pm and 9.00am - 5pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Wednesday 1st & Wednesday 8th December	Assistant Coach Course	Castleisland Co. Kerry	6.00 - 10pm Both Nights	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Application form on www.athleticsireland.ie , Return to Steven Macklin
Saturday 4th December	Munster Regional Squad	UL	11am - 2pm	Steven Macklin (087) 6335565 steven@athleticsireland.ie	Open to members of Munster Regional Squad & their Coaches

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