

The SPAR Great Ireland Run took place in the Phoenix Park in Dublin on April 18<sup>th</sup> and incorporated the 10km All-Ireland road race championships. Senior county road race champion Cian Murphy of Iveragh finished 23<sup>rd</sup> out of a field of over 11,000 athletes in a time of 32.42 minutes while just behind in 31<sup>st</sup> was county Novice champion James Doran of An Ríocht in 33.17 minutes. Coming so soon after their performances at last weeks county road race championships these are fantastic results placing them at the pinnacle of an entry list that included many Irish internationals.

The athletics track at Cork Institute of Technology hosted this years Leevale Sports day which has much of the pretence of a full national or international event about it with prize money and, this year, a camera crew in attendance.

Kerry's best performer was Cian Foley of Tralee Harriers who won a silver medal in the 400m race in 50.17 and just narrowly missed out of making the final of the 100m. Sinéad O'Connor of Tralee Harriers also just missed out on making the women's 100m final which included three Irish national champions. The men's 100m also gave Páidi Whelan and Michael Godley opportunities to test themselves over this distance with schools and junior Munster championships not far off.

Last week Clare Fitzgerald of Tralee Harriers received the Women's Metro Atlantic Athletic Conference Performer of the Week Award for her double gold medals at the FDU Knight Invitational. Her pb throw of 40.88 in the javelin was the second furthest distance in Manhattan college's history. The MAAC is the sports conference to which Manhattan and 9 other northeast American colleges belong. At the Larry Ellis Memorial at Princeton over the weekend she finished 5<sup>th</sup> in the discus with 40.35m