

In the dry summer heat of Moscow Emma Prendiville finished 13th in the 5k walk at the European Youth Olympic Trials on Sunday. Competing as a member of Europe's Youth elite in what is surely the toughest field she has met to date the Farranfore Maine Valley athlete put in a strong performance to record a time of 25.13.36. Holding her own against the best of the best and cheered on by her brother Niall and her parents Regina and Mick her achievement hopefully marks out a route to continued success on both the national and international scene. Qualification for the World Youth Olympics was always going to be hard with only 2 of the 11 strong Irish team achieving the high standard necessary but we can expect that this won't be Emma's last time battling for qualification for a major international event.

Killorglin Rugby Football Club will host its first ever Fun Run on Saturday 29th of May with a choice of either a 5km or 10km course. You can register prior to the event on www.killorglinrugby.com or on the morning of the race at the A Fit Body Gym in the grounds of the J.P. O'Sullivan Park in Killorglin. Registration opens at 9.30am, the 5km starts at 11.00am and the 10km at 11.30am. For further information visit the above website or contact Breda on 0877545408.